

WEEK #3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The following menu is an accurate reflection of the items planned for this week. However, some slight changes may be made when necessary.	Scrambled Eggs English Muffins Rice Krispies Cinnamon Crunch Fresh Fruit - Yogurt Milk, Orange Juice	Waffles w/ syrup Breakfast Sausages Raisin Bran Cocoa Puffs Fresh Fruit - Yogurt Milk, Orange Juice	Bagels Cream Cheese & Butter Fruit Loops Cheerios Fresh Fruit - Yogurt Milk, Orange Juice	Pancakes & Syrup Rice Krispies Cinnamon Crunch Fresh Fruit - Yogurt Milk, Apple Juice	Blueberry Bread Hot Oatmeal Raisin Bran Cocoa Puffs Fresh Fruit - Yogurt Milk, Orange Juice
	Choc. Cookies/Juice	Oatmeal Cookies/Juice	Cookies/Juice	Sugar Cookies/Juice	Choc. Cookies/Juice
<u>Note:</u> Vegetarian alternatives, when available, are indicated in <i>ITALICS</i> . These entrees are available to vegetarians <u>only</u> .	Bologna & Cheese P. B. & J. Sandwiches Pickles Clam Chowder <i>Tom. & Cheese</i> Milk, Water	Tuna P. B. & J. Sandwiches Potato Chips Chicken & Rice Soup Carrot Sticks Milk, Water	Grilled Cheese P. B. & J. Sandwiches Tom. w/ Elbows Soup Celery Sticks Milk, Water	Turkey Sandwiches P. B. & J. Sandwiches Potato chips Vegetable Soup Cucumber Sticks Milk, Water	Pizza - Cheese, Pepperoni, & <i>Vegetarian</i> P.B. & J. Sandwiches Milk, Water
	Watermelon	Oranges	Fudgicles or Popicles	Plums	Apples
Lasagna w/ Meatsauce Salad Rolls <i>Veggie Lasagna</i> Yellow Cake Milk	Kielbasa Baked Potato- butter, sour cream, & cheese. Salad Chilled Fruit Milk	Baked Chicken Seasoned Rice Corn <i>Rice & Beans Metley</i> Ice Cream Sundae Milk	Spaghetti w/ meatballs Salad Chocolate cake Milk	Hot dogs w/ buns Baked Beans Corn <i>Tofu dogs</i> Jello Milk	Chef=s Special Buffet Dessert w/ Parents Milk